

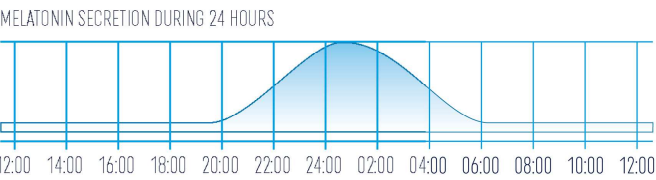
Melateon® Melateon Plus®

FOOD SUPPLEMENT FOR THE REGULATION
OF SLEEP-WAKE RHYTHM AND OF PSYCHO-
NEURO-ENDOCRINE-IMMUNITARY (PNEI)
SYSTEM, AGAINST OXIDATIVE STRESS



MELATEON/MELATEON PLUS
is a unique food
supplement in terms of typology
and bioavailability containing
Melatonin.

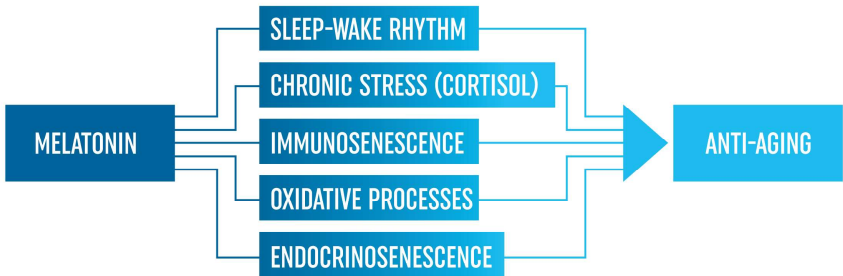
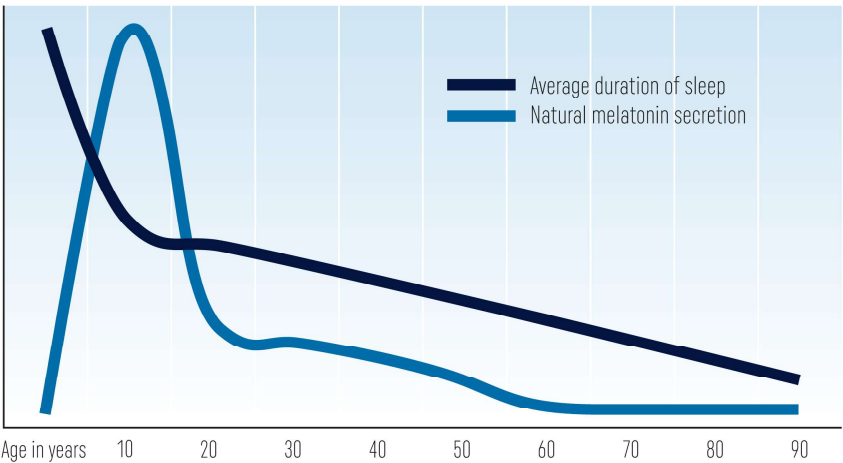
Melatonin is a hormone which is produced at
night and it acts as an *orchestra conductor* for
the complex mechanism of **sleep**, for **brain**
and **immunitary-endocrine** (PNEI)
metabolism and for the control of **chronic**
stress (cortisol). Melatonin has a documented
anti-aging action as well.



WHEN TO USE MELATEON/MELATEON PLUS

INDICATIONS according to Evidence Based Medicine:

- In **jet-lag syndrome** and sleep disorders ^(1,2)
- **Regulation** of Psycho-Neuro-Endocrine-Immunitary (**PNEI**) system ⁽³⁻⁵⁾
- **Chronic stress syndrome**, hypercortisolemia ^(3,4,6)
- Oxidative Stress, therefore with **anti-aging** action ⁽⁷⁻⁹⁾
- **Neurodegenerative Diseases** (Parkinson, Alzheimer, dementia) ^(3,4,9,10)
- **Regulation** of insulin **metabolism** and anti-dysmetabolism action ^(6,11,12)
- Overtraining **syndrome in athletes** ^(13,14)
- **Liver insufficiency** ^(5,6,8)
- Support in **cancer treatment** (particularly in gynecology and urology) ^(5,9)



Ingredients: Water. Sweetener: sorbitol. Fructose, Glycerol. Flavors. Melatonin. Preservatives: Potassium sorbate. Acidity corrector: Citric Acid.

Serving Size: The beneficial effect of reducing the time required to get to sleep is obtained taking 1 mg of Melatonin (equivalent to 5 drops of Melateon product or to 2 drops of Melateon Plus product) just before bedtime; to alleviate the jet-lag symptoms the beneficial effect is obtained with intake of a minimum of 0.5 mg of Melatonin (equivalent to 3 drops of Melateon prod or to 1 drop of Melateon Plus product) the first day of travel and for a few days after arrival at destination.

Caution: food supplements should not be used as a substitute for a balanced diet and a healthy lifestyle. If you are pregnant or breastfeeding it is advisable to consult a Medical Doctor (MD) prior to taking any supplements. Discontinue use and consult a MD if adverse reactions occur. Do not exceed stated dose. Keep away from children at all times. Excessive intake may induce laxative effects.

MELATEON/MELATEON PLUS is a unique food supplement for composition and dosage:

- adaptable dosage because in drops;
- excellent bioavailability (sublingual administration is possible);
- up to 2-3 months of administration with a single vial of Melateon and up to 8 months with a single vial of Melateon Plus

Content of active ingredients

Melateon		Melateon Plus	
Ingredients	5 drops	Ingredients	2 drops
Melatonin	1 mg	Melatonin	1 mg

Liquid Content: 30 ml dosable through dropper - Net Weight ml 30 e
Produced and packaged in via Agrate, 21 - Concorezzo (MB) and distributed by PROEON srl www.proeon.it



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